

DEFENDER



UPPER MUSTANG
JOURNEY

THE JOURNEY BEGINS

The Defender Upper Mustang Journey is an extraordinary voyage that takes you into one of Nepal's most remote Himalayan regions. Drive through river valleys, high mountain passes, and ancient trails as you explore monasteries, sky caves, and the historic walled city of Lo Manthang.

**GORAKHPUR - POKHARA - TATOPANI -
MUKTINATH - LO MANTHANG - KALOPANI -
POKHARA - GORAKHPUR**

9 nights and 10 days from INR 550,000
Limited to 7 vehicles

WHAT YOU CAN LOOK FORWARD TO

Driving along the Kali Gandaki River valley, one of the deepest on earth, running between the eastern and western Himalayas.

Exploring the ancient walled Kingdom of Lo and its royal palace in Lo Manthang.

Discovering Upper Mustang's remarkable sky caves, including the Jhong caves, carved high into the cliffs.

Visiting Muktinath, a venerated pilgrimage site for both Hindus and Buddhists.

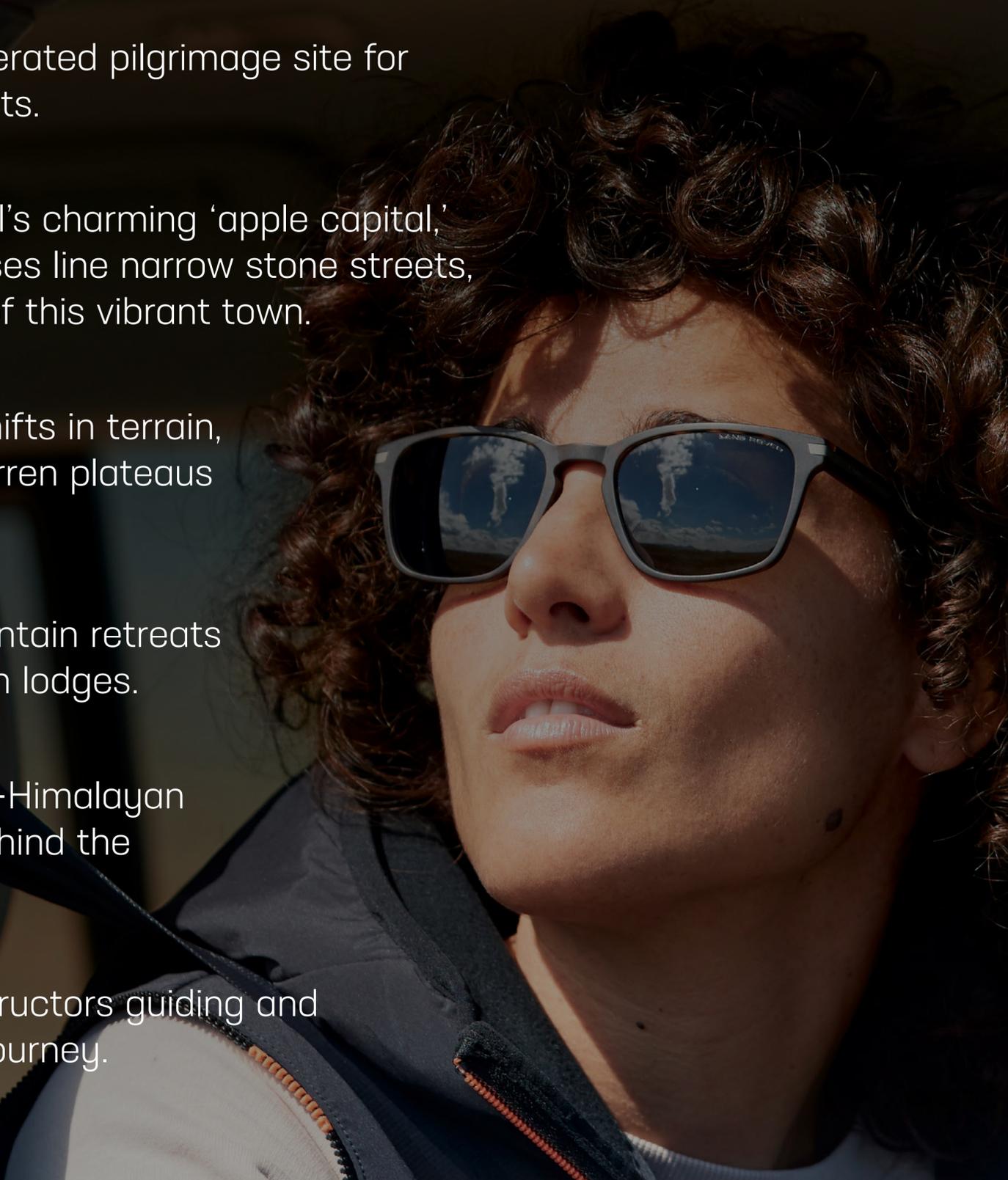
Wandering through Nepal's charming 'apple capital,' where whitewashed houses line narrow stone streets, you can feel the charm of this vibrant town.

Experiencing dramatic shifts in terrain, from river gorges and barren plateaus to high mountain passes.

Staying at boutique mountain retreats and traditional Himalayan lodges.

Navigating remote Trans-Himalayan landscapes with ease behind the wheel of your Defender.

A dedicated team of instructors guiding and assisting you along the journey.



ITINERARY
DAY 1

GORAKHPUR
ARRIVAL

Arrive in Gorakhpur, where you'll be greeted at your hotel. Settle in, meet the team, and attend a briefing on the days ahead.

HOTEL: Courtyard by Marriott Gorakhpur
MEALS: Dinner



DAY 2

GORAKHPUR TO POKHARA

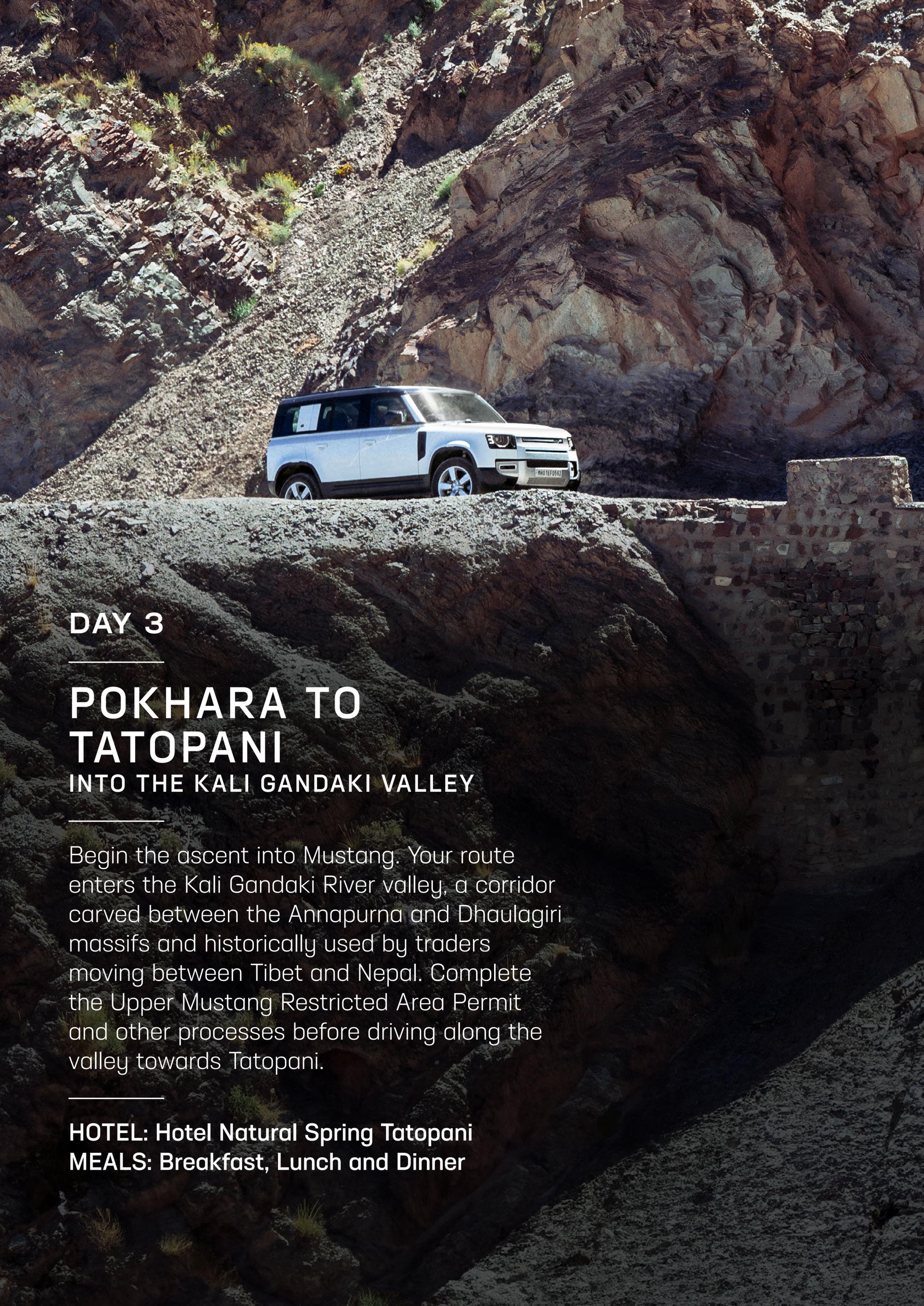
CROSSING INTO NEPAL

Drive towards the Sonauli border to complete immigration and vehicle permit formalities. Continue to Pokhara, a lakeside city framed by the snow-capped Annapurna range. Spend the evening at leisure.

HOTEL: Pokhara Grande

MEALS: Breakfast, Lunch and Dinner



A white Range Rover is driving on a narrow, rocky road that has been carved into a steep, rocky hillside. The road is flanked by high, rugged cliffs. The vehicle is positioned in the middle ground, moving towards the right. The lighting is bright, suggesting a sunny day. The overall scene is one of a challenging off-road driving experience in a mountainous region.

DAY 3

POKHARA TO TATOPANI

INTO THE KALI GANDAKI VALLEY

Begin the ascent into Mustang. Your route enters the Kali Gandaki River valley, a corridor carved between the Annapurna and Dhaulagiri massifs and historically used by traders moving between Tibet and Nepal. Complete the Upper Mustang Restricted Area Permit and other processes before driving along the valley towards Tatopani.

HOTEL: Hotel Natural Spring Tatopani
MEALS: Breakfast, Lunch and Dinner



DAY 4

TATOPANI TO MUKTINATH

SACRED STOPS AND SCENIC DRIVES

Climb steadily through forests, cliffs, and the windswept river gorge. Discover the charm of Marpha, a picturesque, traditional village known as Nepal's 'apple capital', with whitewashed houses, narrow stone streets, and monasteries. Continue through vibrant settlements and checkpoints at Jomsom and Kagbeni to reach Muktinath, a crossroads of ancient trade routes and pilgrimage trails.

HOTEL: Lo Mustang Himalayan Resort, Muktinath
MEALS: Breakfast, Lunch and Dinner

DAY 5

MUKTINATH TO LO MANTHANG

THE WALLED KINGDOM

Visit the age-old and unique interfaith Muktinath Temple, revered by both Hindus and Buddhists. Drive deeper into Upper Mustang to reach Lo Manthang, the historic capital of the once forbidden Kingdom of Lo. Founded in the 15th century, this walled settlement at an altitude of 12,600 feet preserves monasteries, palaces, and traditions that echo its Tibetan heritage. Explore the royal palace and wander through its narrow lanes before an evening of storytelling on Mustang's culture and history.

HOTEL: Royal Mustang Resort, Lo Manthang

MEALS: Breakfast, Lunch and Dinner



DAY 6

LO MANTHANG

SKY CAVES AND ANCIENT TRAILS

Set out on the Old Samjog Village trail, an off-road route through Mustang's high desert. Visit the region's famed sky caves, including the Jhong caves, ancient multi-level chambers carved into vertical cliffs. These caves offer rare insight into early Himalayan settlement, meditation sites, and burial practices.

HOTEL: Royal Mustang Resort, Lo Manthang

MEALS: Breakfast, Lunch and Dinner



DAY 7

LO MANTHANG TO KALOPANI

DESCENDING THE VALLEY

Begin the southbound journey, tracing the Kali Gandaki as landscapes shift from stark desert terrain toward greener Himalayan slopes. Pass through remote mountain villages shaped by centuries of wind, river, and geological movement before arriving at Kalopani.

HOTEL: Kalopani Guest House

MEALS: Breakfast, Lunch and Dinner



DAY 8

KALOPANI TO POKHARA

RETURN TO THE FOOTHILLS

Wake up to spectacular views of the Dhaulagiri and Annapurna peaks before driving back towards Pokhara, descending through waterfalls, terraced fields, and thriving settlements along the river. Arrive by afternoon and enjoy leisure time by the lakeside.

HOTEL: Fishtail Lodge by Annapurna
MEALS: Breakfast, Lunch and Dinner



DAY 9

POKHARA TO GORAKHPUR

RETURN TO INDIA

Return to the plains via Sonauli.
Complete border formalities
and checks before arriving in
Gorakhpur for your final night.

HOTEL: Courtyard by Marriott Gorakhpur
MEALS: Breakfast, Lunch and Dinner



DAY 10

DEPARTURE FROM GORAKHPUR

FAREWELL

Enjoy your final goodbye
breakfast and wish everyone
well on their next adventures.

MEALS: Breakfast



VEHICLE:

Defender 110 HSE with an Ingenium
4-cylinder 2.0L P300 powertrain

OFF-ROAD LEVEL:

3

LANDSCAPE:

4

TYPES OF DRIVING:

Mud & Ruts, Tarmac



MAX NO. OF VEHICLES AND GUESTS:

7 and 14 respectively

NO. OF INSTRUCTORS:

3

MINIMUM DRIVING AGE:

19 years old + 1-year full license

ACCOMMODATION STYLE:

Boutique mountain retreats and traditional Himalayan lodges.



Pokhara Grande



Fishtail Lodge by Annapurna



Lo Mustang Himalayan Resort, Muktinath



Royal Mustang Resort, Lo Manthang

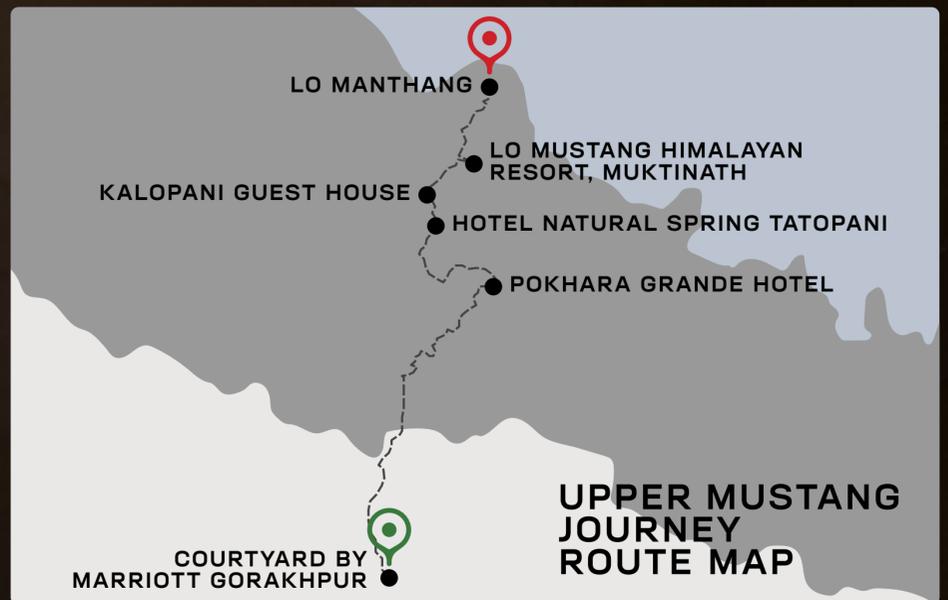
DATES:

May 17 to May 26, 2026

May 27 to Jun 05, 2026

ROUTE:

Gorakhpur - Pokhara - Tatopani -
Muktinath - Lo Manthang -
Kalopani - Pokhara - Gorakhpur



COST:

Start from INR 550,000 for two adults (Indian Nationals) on twin/double occupancy. Subject to GST @5%

*Including the use of Defender, accommodation, meals, and experiences. Costs for foreign nationals are available on request.

Subject to Terms and Conditions as detailed on www.cougarmotorsport.in/defender-journeys/

For any further information or clarification, please contact:

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Scan the QR code or visit www.cougarmotorsport.in/defender-journeys/ for answers to frequently asked questions.

